

Announcing Goalmigo, a Social Website to Help You Achieve Your Goals

Lose weight, learn a foreign language, and write a book with the help of Goalmigo

Atlanta, GA – July 25, 2007 – Goalmigo.com, a new social website that motivates people to reach their goals, launches today. The website offers a complete online system for setting, tracking, sharing, and achieving goals.

Goalmigo applies proven techniques for achieving goals in three straightforward steps:

- *Define your goal* – Goalmigo makes it effortless to define what you want to achieve, how you will get there, and when you will finish.
- *Involve friends and family* – Goalmigo's system for involving friends and family as "supporters" offers a boost in motivation by providing a source of accountability. Supporters receive weekly updates on how you are doing and can offer encouragement and advice.
- *Track your progress* – Each goal receives its own webpage (that you can make private) where you can write updates and log your progress.

"The strength of Goalmigo comes from the fact that it bolsters offline relationships—relationships with the people you already know—in order to help you achieve your goals," says the founder of Goalmigo, Christopher Cummings.

Goalmigo's system for achieving goals offers users the flexibility to pursue all types of goals, from getting fit, to learning a foreign language, to writing a book.

For more information about Goalmigo, visit <http://www.Goalmigo.com>.

About Goalmigo

Goalmigo is a social website that motivates people to reach their goals. The website offers a complete online system for setting, tracking, sharing, and achieving goals. Goalmigo is the flagship product of Curiosity Media, a web design and development firm based in Atlanta, GA.

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